

ICBCH Winter Hypnoticon (January 23-25, 2026)

DAY ONE – Friday, January 23, 2026

All times are USA Eastern Time Zone, which is New York City. You can convert here:
<https://www.timeanddate.com/worldclock/meeting.html>

Time	1	2	3
6:30 pm – 7:00 pm	Event Kick-Off with Dr. Richard Nongard		
7:00 pm – 7:50 pm	Bethany Snipes Emotional Freedom Technique for Performance Anxiety	Karen Hand Fool-Proof Template for Creating Magical Hypnosis Scripts	Joseph Onesta The Labyrinth, a Maze and a Minotaur
8:00 pm – 8:50 pm	Faith Marshall The Hypnotic "Wingman" on the journey to Dementia Land	Nathanael Seers Ong From the Chair to the Couch: Supervision as Therapy for the Therapist	Christine Pizzuto How I built my 6- 6-figure hypnosis business
9:00 pm – 9:50 pm	Tracy Barrett Adams Roger Moore Integrating into the Medical Community: Becoming the Trusted Referral Resource	Wei Hern Chong Visionary Recovery : Overcoming Anxiety by Seeing The Results	Jeffrey Richards Sports Hypnosis for the Complete Klutz
10:00 pm – 10:50 pm	Marian Spurgeon Thin Slicing: How To Read Interactions, Situations, and Signs to Make Better Decisions in Less Time	Dr. Hiro Koo Beyond Stress: Hypnosis, Biofeedback, and Cross- Cultural Pathways for Burnout Recovery and Prevention	Kevin Cole The Joy of Stimulating Your Vagus Nerve

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DAY TWO – Saturday, January 24, 2026

Time	1	2	3
8:00 am – 8:50 am	Julian Leicester Unlocking Personal Transformation : The Science of Rewiring Your Mind for Unstoppable Performance	Joachim Lee Brain-Switch 2.0® A Neuroscience-Informed Approach to Rapid and Lasting Change	Arianna Angara The Art of Transmutation: Rechanneling Pain Into Power
9:00 am – 9:50 am	Kori Gordon You are Enough: Finding Calm in Chaos	Caryn Bird What's It Gonna Take? Unlocking the Champion Mindset for You and Your Clients	Graham Old The Ericksonian Edge: Acceptance as the catalyst for change
10:00 am – 10:50 am	Keynote Speaker: Lester Fu Find him @hypnotistlester on Social Media!		
11:00 am – 11:50 am	Coach Bee (Bahia Maktabi) Calibration Psychology for Hypnotherapists	Bill Anapoell, MD Chronic Pain Hypnosis	Désirée Eckert Micro Hypnosis: Futuristic Trances for a Distracted World
12:00 pm – 12:50 pm	Leah Agami The Hypnotist's Edge: Position Yourself as the Only Choice	Rich Guzzi YES – Hypnosis Excellence	Derek Chapman Transformation in 6 Hours or Less
1:00 pm – 1:50 pm	Karen Dubi	Dr. Richard Nongard: Experiential Somatic Hypnotherapy	Felicia Bright: Embodying Your 2026 Intention: A Future Self Experience

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2:00 pm – 3:00 pm	Martin Castor Peterson	Wieslaw Rocki, M.D. Are hypnotists ready to answer medicine's unmet needs?	Karen Hand Boundaries for Hypnotists
3:00 pm – 3:50 pm	Michael DeSchalit The Genie Process	Kendra Mahon How to use the Principles of Kung Fu to become a Powerful Online Marketer	Roger Moore No Two Clients Are Alike: Confidence and Flexibility in Medical Hypnosis
4:00 pm – 4:50 pm	Tamelynda Lux Grief in the Practitioner's Chair: How Loss Shapes Hypnotic Practice	Claudia Rickard The Bunny Talk Process™ – From Play to Profound	Jeffrey Richards Breaking Free from Sugar Addiction: Hypnotic Strategies for Carb Control
5:00 pm – 5:50 pm	Janet Rapala	Dr. Steve G. Jones How to Make Money Online as a Hypnotherapist	Masha Rosen Ancestral Lineage Regression
6:00 pm – 6:50 pm	Jill Lien Breaking Through the Teenage Fortress: Strategies for Transforming Adolescent Crisis into Connection	Joan Weathersbee Ellason Guided Imagery and a Faith-Based Approach to Help Your Clients Forgive & Break Free	Will Horton, Psy.D. Behavioral Profiling and Deception Detection
7:00 pm – 7:50 pm	Faye Lawand Achieve Better Client Results by Combining Hypnosis with Nervous System Tools	Jun Ming Loh The New Mind Neuro-Resilience Method (NNRM): Integrating Biofeedback and Hypnosis for Trauma-Informed Recovery	William Mitchell . Your Clients want the WOW, the Magic, the Hypnotic Phenomena!
8:00 pm – 8:50 pm	Victoria Gallagher	David Snyder	

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DAY THREE – Sunday, January 25, 2026

Time	1	2	3
9:00 am – 9:50 am	Featured Speaker: Dan Candell Taking the Pressure off Hypnosis, Doing Hypnosis without Hypnosis!		
10:00 am – 10:50 am	Coach Bee (Bahia Maktabi) Innovative Approaches to Mental Health & Resilience in a Changing World	Jolana Andrea This Isn't My Circus, BUT These ARE My Monkeys	Matt & Molly DeWild Readiness for Change
11:00 am – 11:50 am	Kori Gordon When Coaching Meets Hypnosis: A Holistic Approach to Lasting Change	Kelley T. Woods Happiness Secrets from Finland	Jo Moon The Other Erickson: Variations on Betty's Self-Hypnosis Technique
12:00 pm – 12:50 pm	Duff McDuffee Otherworldly Confidence	Jeff Benink Emotional Impact on Your DNA	Kelli von Heydekampf Evolve Your Pretalk: How Incorporating Parts Therapy Creates a Framework of Success
1:00 pm – 1:50 pm	Randi Light Four Parts, Four Keys: A Hypnotist's Guide to Enlightened Change	Dan Candell Anxiety and Depression	Jason Linett

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2:00 pm – 3:00 pm	Lenora Edwards The BEFREE Method: Helping Clients End Stress Eating & Overeating at the Identity Level	Jill Lien Beyond Fear to Fortune: Transforming New Hypnotists into Confident, Profitable Practitioners	Connie Holmes Diversify Your Hypnosis Practice for Revenue, Exposure, Connection, and Impact
3:00 pm – 3:50 pm	Carla Chalah The Intake Advantage: Turning First Sessions into High-Value Commitments	Tracy Barrett Adams Menopause Unplugged: Hypnotic Tools for a Centered Change	Dawn Williams Energy Mastery for Hypnotists: Shielding, Grounding, Cleansing
4:00 pm – 4:50 pm	Debbie Taylor	Wayne Walker Speak Their Language: Personality-Based Hypnosis That Works	Carmen Sauciuc Regression Beyond Time: Alchemical Regression and the Evolution of Healing
5:00 pm – 5:50 pm	Matthew Langford How to let go of letting go.	T.J. Ziebell Rapid Rapport Building Secrets	Timothy September Hacking the Zeigarnik Loop - an Enter the Loop® self-exploration
6:00 pm – 6:50 pm	DeAnna Nunez	James Malone Tinnitus Relief Solutions	
7:00 pm – 7:50 pm	Ken Guzzo Stop Smoking Hypnosis	Mike Mandel	Alan Barsky The Lost Ormond McGill Manuscript
8:00 pm – 8:30 pm	CLOSING KEYNOTE Scott Sandland – 20 Keys from 20 Years as a Practicing Professional Hypnotist		

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