

# ICBCH Winter Hypnoticon (January 23-25, 2026)

## DAY ONE – Friday, January 23, 2026

All times are USA Eastern Time Zone, which is New York City. You can convert here:  
<https://www.timeanddate.com/worldclock/meeting.html>

Time	1	2	3
6:30 pm – 7:00 pm	<b>Event Kick-Off with Dr. Richard Nongard</b>		
7:00 pm – 7:50 pm	<b>Bethany Snipes</b> Emotional Freedom Technique for Performance Anxiety	<b>Karen Hand</b> Fool-Proof Template for Creating Magical Hypnosis Scripts	<b>Joseph Onesta</b> The Labyrinth, a Maze and a Minotaur
8:00 pm – 8:50 pm	<b>Faith Marshall</b> The Hypnotic "Wingman" on the journey to Dementia Land	<b>Nathanael Seers Ong</b> From the Chair to the Couch: Supervision as Therapy for the Therapist	<b>Christine Pizzuto</b> How I built my 6- 6-figure hypnosis business
9:00 pm – 9:50 pm	<b>Tracy Barrett Adams</b> <b>Roger Moore</b> Integrating into the Medical Community: Becoming the Trusted Referral Resource	<b>Wei Hern Chong</b> Visionary Recovery : Overcoming Anxiety by Seeing The Results	<b>Jeffrey Richards</b> Sports Hypnosis for the Complete Klutz
10:00 pm – 10:50 pm	<b>Marian Spurgeon</b> Thin Slicing: How To Read Interactions, Situations, and Signs to Make Better Decisions in Less Time	<b>Dr. Hiro Koo</b> Beyond Stress: Hypnosis, Biofeedback, and Cross- Cultural Pathways for Burnout Recovery and Prevention	<b>Kevin Cole</b> The Joy of Stimulating Your Vagus Nerve

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## DAY TWO – Saturday, January 24, 2026

Time	1	2	3
8:00 am – 8:50 am	<b>Julian Leicester</b> Unlocking Personal Transformation : The Science of Rewiring Your Mind for Unstoppable Performance	<b>Joachim Lee</b> Brain-Switch 2.0® A Neuroscience-Informed Approach to Rapid and Lasting Change	<b>Arianna Angara</b> The Art of Transmutation: Rechanneling Pain Into Power
9:00 am – 9:50 am	<b>Kori Gordon</b> You are Enough: Finding Calm in Chaos	<b>Caryn Bird</b> What's It Gonna Take? Unlocking the Champion Mindset for You and Your Clients	<b>Graham Old</b> The Ericksonian Edge: Acceptance as the catalyst for change
10:00 am – 10:50 am	<b>Keynote Speaker:</b> <b>Lester Fu</b> Find him @hypnotistlester on Social Media!		
11:00 am – 11:50 am	<b>Coach Bee (Bahia Maktabi)</b> Calibration Psychology for Hypnotherapists	<b>Bill Anapoell, MD</b> Chronic Pain Hypnosis	<b>Désirée Eckert</b> Micro Hypnosis: Futuristic Trances for a Distracted World
12:00 pm – 12:50 pm	<b>Leah Agami</b> The Hypnotist's Edge: Position Yourself as the Only Choice	<b>Rich Guzzi</b> YES – Hypnosis Excellence	<b>Derek Chapman</b> Transformation in 6 Hours or Less
1:00 pm – 1:50 pm	<b>Karen Dubi</b>	<b>Dr. Richard Nongard:</b> Experiential Somatic Hypnotherapy	<b>Felicia Bright:</b> Embodying Your 2026 Intention: A Future Self Experience

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2:00 pm – 3:00 pm	<b>Martin Castor Peterson</b>	<b>Wieslaw Rocki, M.D.</b> Are hypnotists ready to answer medicine's unmet needs?	<b>Karen Hand</b> Boundaries for Hypnotists
3:00 pm – 3:50 pm	<b>Michael DeSchalit</b> The Genie Process	<b>Kendra Mahon</b> How to use the Principles of Kung Fu to become a Powerful Online Marketer	<b>Roger Moore</b> No Two Clients Are Alike: Confidence and Flexibility in Medical Hypnosis
4:00 pm – 4:50 pm	<b>Tamelynda Lux</b> Grief in the Practitioner's Chair: How Loss Shapes Hypnotic Practice	<b>Claudia Rickard</b> The Bunny Talk Process™ – From Play to Profound	<b>Jeffrey Richards</b> Breaking Free from Sugar Addiction: Hypnotic Strategies for Carb Control
5:00 pm – 5:50 pm	<b>Janet Rapala</b>	<b>Dr. Steve G. Jones</b> How to Make Money Online as a Hypnotherapist	<b>Masha Rosen</b> Ancestral Lineage Regression
6:00 pm – 6:50 pm	<b>Jill Lien</b> Breaking Through the Teenage Fortress: Strategies for Transforming Adolescent Crisis into Connection	<b>Joan Weathersbee Ellason</b> Guided Imagery and a Faith-Based Approach to Help Your Clients Forgive & Break Free	<b>Will Horton, Psy.D.</b> Behavioral Profiling and Deception Detection
7:00 pm – 7:50 pm	<b>Faye Lawand</b> Achieve Better Client Results by Combining Hypnosis with Nervous System Tools	<b>Jun Ming Loh</b> The New Mind Neuro-Resilience Method (NNRM): Integrating Biofeedback and Hypnosis for Trauma-Informed Recovery	<b>William Mitchell</b> . Your Clients want the WOW, the Magic, the Hypnotic Phenomena!

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## DAY THREE – Sunday, January 25, 2026

Time	1	2	3
9:00 am – 9:50 am	<p>Featured Speaker:  <b>Dan Candell</b>            Taking the Pressure off Hypnosis, Doing Hypnosis without Hypnosis!</p>		
10:00 am – 10:50 am	<p><b>Coach Bee</b>  <b>(Bahia Maktabi)</b>            Innovative Approaches            to Mental Health &amp;            Resilience in a Changing            World</p>	<p><b>Jolana Andrea</b>            This Isn't My Circus, BUT These            ARE My Monkeys</p>	<p><b>Matt &amp; Molly DeWild</b>            Readiness for Change</p>
11:00 am – 11:50 am	<p><b>Kori Gordon</b>            When Coaching Meets            Hypnosis: A Holistic            Approach to Lasting            Change</p>	<p><b>Kelley T. Woods</b>            Happiness Secrets from            Finland</p>	<p><b>Jo Moon</b>            The Other Erickson: Variations            on Betty's Self-Hypnosis            Technique</p>
12:00 pm – 12:50 pm	<p><b>Duff McDuffee</b>            Otherworldly Confidence</p>	<p><b>Jeff Benink</b>            Emotional Impact on Your            DNA</p>	<p><b>Kelli von Heydekampf</b>            Evolve Your Pretalk: How            Incorporating Parts Therapy            Creates a Framework of            Success</p>
1:00 pm – 1:50 pm	<p><b>Randi Light</b>            Four Parts, Four Keys: A            Hypnotist's Guide to            Enlightened Change</p>	<p><b>Dan Candell</b>            Anxiety and Depression</p>	<p><b>Jason Linett</b></p>

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2:00 pm – 3:00 pm	<b>Lenora Edwards</b> The BEFREE Method: Helping Clients End Stress Eating & Overeating at the Identity Level	<b>Jill Lien</b> Beyond Fear to Fortune: Transforming New Hypnotists into Confident, Profitable Practitioners	<b>Connie Holmes</b> Diversify Your Hypnosis Practice for Revenue, Exposure, Connection, and Impact
3:00 pm – 3:50 pm	<b>Carla Chalah</b> The Intake Advantage: Turning First Sessions into High-Value Commitments	<b>Tracy Barrett Adams</b> Menopause Unplugged: Hypnotic Tools for a Centered Change	<b>Dawn Williams</b> Energy Mastery for Hypnotists: Shielding, Grounding, Cleansing
4:00 pm – 4:50 pm	<b>Debbie Taylor</b>	<b>Wayne Walker</b> Speak Their Language: Personality-Based Hypnosis That Works	<b>Carmen Sauciuc</b> Regression Beyond Time: Alchemical Regression and the Evolution of Healing
5:00 pm – 5:50 pm	<b>Matthew Langford</b> How to let go of letting go.	<b>T.J. Ziebell</b> Rapid Rapport Building Secrets	<b>Timothy September</b> Hacking the Zeigarnik Loop - an Enter the Loop® self-exploration
6:00 pm – 6:50 pm	<b>DeAnna Nunez</b>	<b>James Malone</b> Tinnitus Relief Solutions	
7:00 pm – 7:30 pm	<b>CLOSING KEYNOTE</b> <b>Scott Sandland – 20 Keys from 20 Years as a Practicing Professional Hypnotist</b>		

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